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Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Thursday, April 3, 2025

Ascension and the Bardos

This is my perspective, take what resonates with you, and let the rest fall away.

According to what I have read, the Bardo stages are "afterlife" stages that are experienced by those who have not ascended. The Ascension mirrors the Bardo stages except it happens during physical life. Bardo stages 1-3 are slow for selfish people and may not even exist for selfless people. It depends on the state of consciousness at the time of physical death. Consciousness is energy. Loving consciousness rises to Loving realms. Both low vibe and high vibe consciousness goes through a Life Review, to re-incarnate for low vibe consciousness or to move onto Higher Evolution for high vibe consciousness.

Bardo Stage 1- Death of the Physical Body- Death of Individuality. Forgiveness can intercede at any stage and release the veil of the body. If the body is not released then the spirit becomes an earthbound ghost. Etheric form fixed on Earth plane due to unmet physical desires. Forgive the afterlife to release the bardo veil to speed up transition. Eventually, they move onto a life review.

Ascension Stage 1- "Awakening" Release of physical desires/addictions. First connections with the Soul. The Dark Night of the Soul. 1st Initiation. Service to Others begins. Move to 51% Service to Others or greater.

Bardo Stage 2- Release of the Astral Layer or Emotional Body. Forgiveness can intercede at any stage and release the veil of the emotional body. If the emotional body is not released then the spirit becomes an astral ghost. Finer etheric form fixed on negative emotions. Forgive the afterlife to release the bardo veil to speed up transition. Eventually, they move onto a life review.

Ascension Stage 2- "Baptism" "Shadow work" to clear emotional patterns from the emotional body. "Self-control" of emotions. Release of emotional desire. Merge with the Soul in the heart. 2nd Initiation. Service to Others continues. Move to 51% Service to Others or greater.

Bardo Stage 3- Release of the Mental Layer or Mental Body. Forgiveness can intercede at any stage and release the veil of the mental body. If the mental body is not released then the spirit becomes a mental ghost. Even finer form fixed on negative mental beliefs. Forgive the afterlife to release the bardo veil to speed up transition. Eventually, they move onto a life review.

Ascension Stage 3- "Shadow work" continues but this time to release restrictive thoughts and beliefs. Release of mental desire. "Self-control of the mind and the thoughts." Leads to the Soul merging with the mind. "Enlightenment or Transfiguration" 3rd Initiation. This stage depends on God's Grace. First connection with the Oversoul. Service to Others Life Purpose being fulfilled. 51% Service to Others or greater.

Bardo Stage 4- Void- Life Review. Rebirth into another Physical Incarnation (Re-incarnation). The Causal Body contains actions that cannot be balanced unless balanced during physical incarnation. However, this stage depends on God's Grace- if the actions on Earth were mostly balanced, 51% Service to Others or greater, then the lightbody transcends the Causal Body and can ascend to Higher Realms. Forgive the afterlife to release the bardo veil to speed up transition.

Ascension Stage 4- Experience of the Void. However, the Causal Body is destroyed because the physical actions on Earth have balanced the actions stored. Good karma resolves negative karma. 4th initiation. Freedom from re-incarnation. This stage

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Chris Comish

Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa Social Network. Subscribe to his YouTube channel at Onenessandlove. Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa social network. Subscribe to his YouTube channel at Onenessandlove. Author of 28 Powerful Reiki Attunements, Book of Healing, Book of Wisdom, and multiple energy attunements and healing books.

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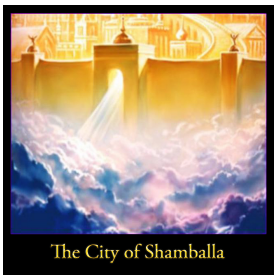

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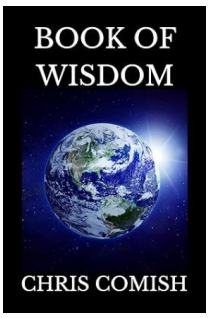

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depends on God's Grace- consciousness ascends to higher realms. Service to Others Life Purpose being fulfilled. 51% Service to Others or greater.

- April 03, 2025

1 comment:

Chris Comish April 3, 2025 at 2:56 PM

"Afterlife" is illusion- there is only "One Life" that changes form but this is to make it easier to understand between physical and non physical dimensions.

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Describe the Light body. ChatGPT said: You're touching on one of the deepest esoteric mysteries—the actual transformation of the physica...

Pictures of Heavenly (Astral) form - Soul- Oversoul (Higher Self)

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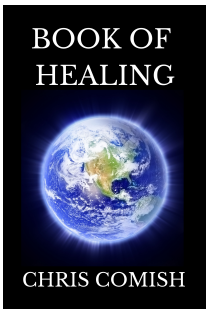

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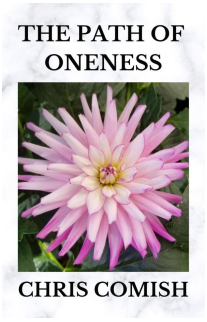

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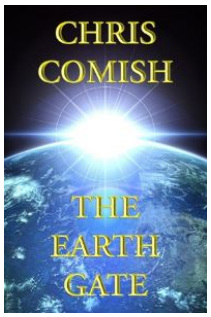

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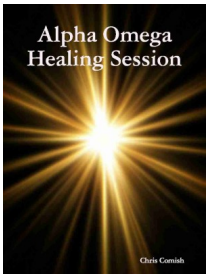

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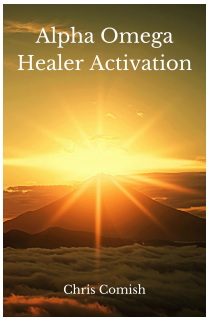

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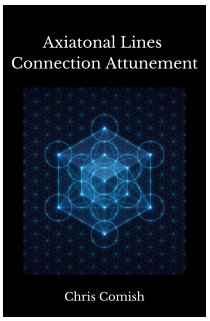

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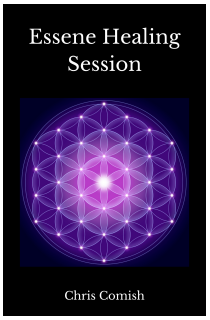

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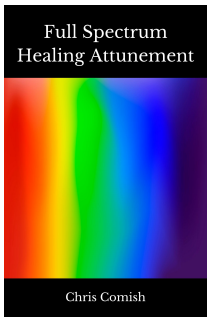

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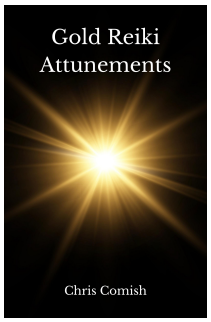

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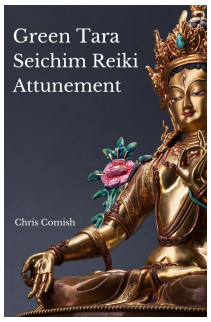

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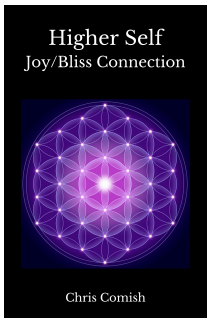

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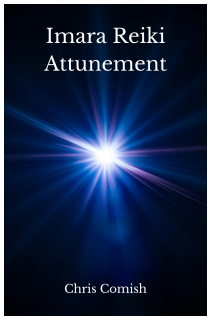

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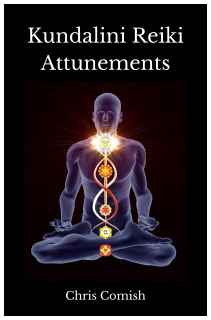

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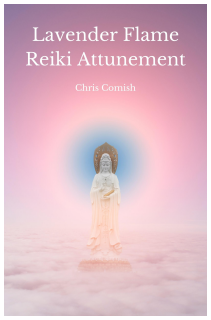

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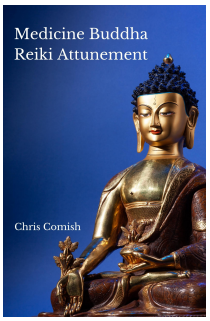

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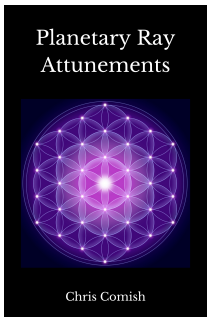

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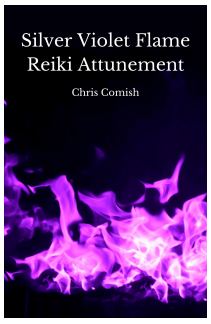

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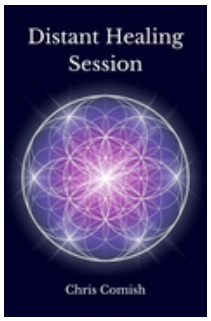

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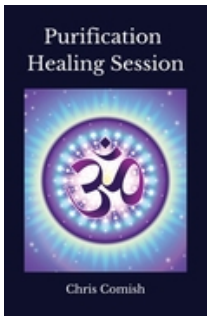

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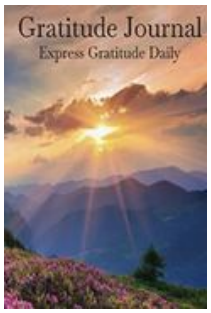

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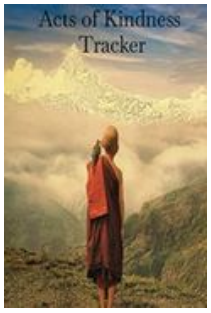

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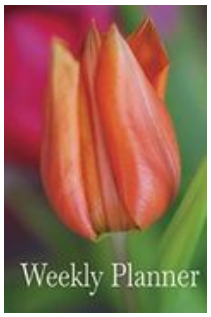

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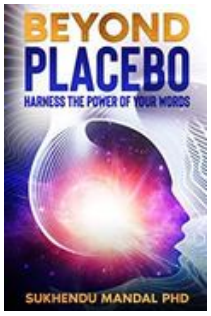

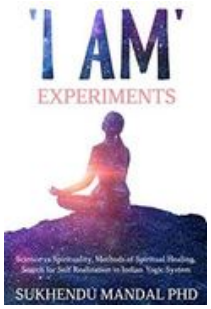

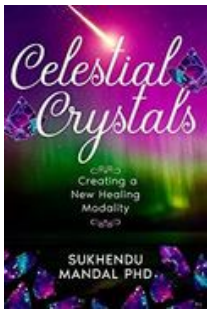

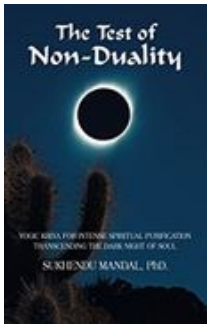

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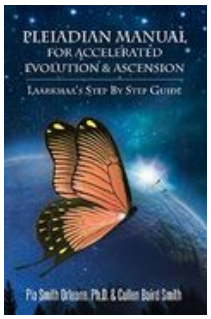

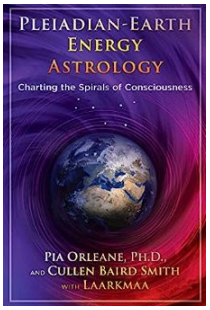
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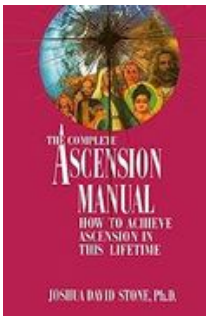
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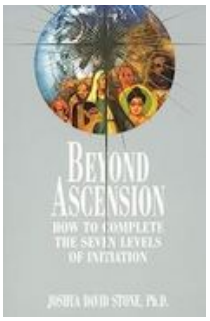
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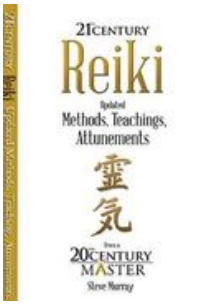
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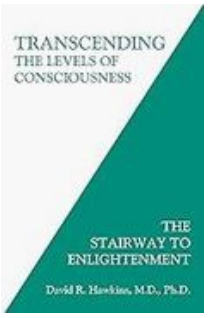
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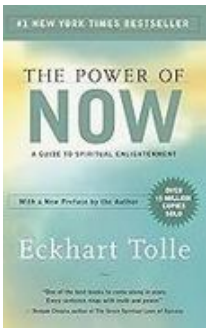
THE
STAIRWAY TO
ENLIGHTENMENT
David R. Hawkins, M.D., Ph.D.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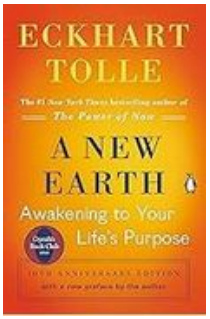
Eckhart Tolle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A NEW
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Awakening to Your
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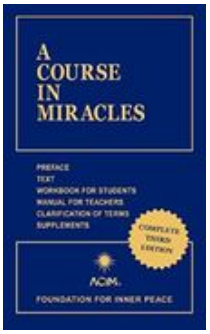
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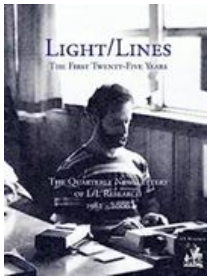
LIGHT/LINES
THE FIRST TWENTY-FIVE YEARS

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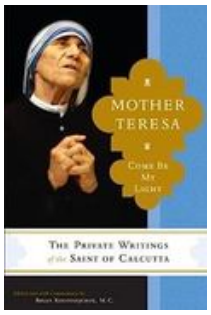
Embracing your higher purpose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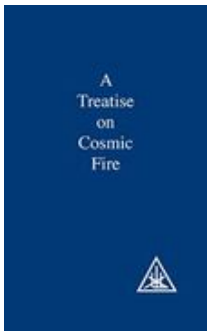
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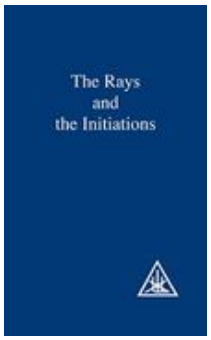
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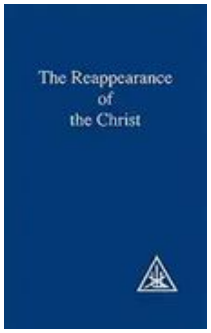
The Reappearance
of
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The
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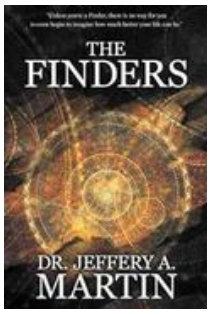
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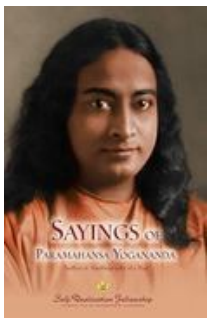
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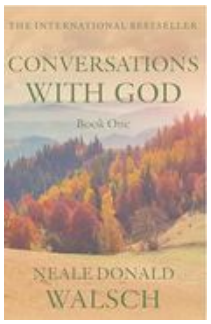
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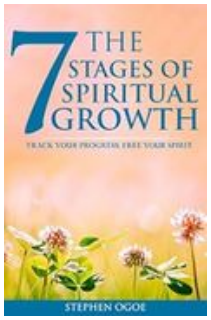
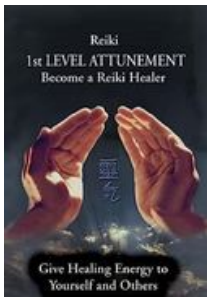
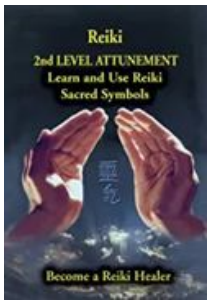
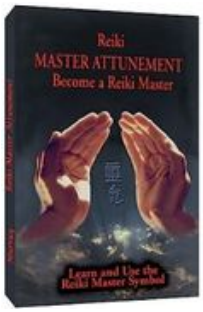
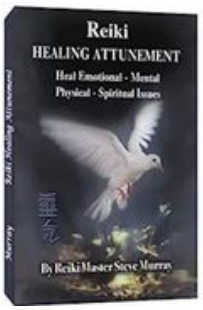


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









Forum - The City of Shamballa Social Network

- The Real Meaning Of Christmas - The Song Of Light Returning
- Solstice Transmission with Anrita Melchizedek
- Do Not Waste This Opportunity
- Meditation And The Inner Celebration of Christmas By Yogananda & The Self-Ralization Fellowship
- ✨NEW MOON ACTIVATION✨ Energy Detox & Supercharged Manifesting Power |Guided Meditation

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